

## Everybody Hurts Booking Form

**Pricing:** Please note the price includes lunch and copies of both the DVD and the Research:

- 1) Young people / Service Users (Limited Free Places, please contact NAWP for further information)
- 2) Individuals / Projects involved in the Research/ Self-harm DVD (Limited Complimentary Places Available, please contact NAWP for further information)
- 3) Voluntary / Charity Organisations £80
- 4) Statutory Organisations £120

**Method of payment:** Cheque  Invoice   
Cheques made payable to: Newham Asian Women's Project

**Bookings:** To book a place on 'Everybody Hurts' please complete the booking form below and return it by email to: [bookings@nawp.org](mailto:bookings@nawp.org) or by post to:

**Newham Asian Women's Project,  
22 Deanery Road, Stratford,  
London, E15 4LP**

Please complete the details below as you wish them to appear on your badge:

Full Name

Title (Ms/Mr/Prof/Doc etc)

Job Title

Organisation

Address for correspondence

Postcode

Email

Tel

**Roundtable** (please note the Roundtable Themes at 1.00-2.30 will be repeated at 2.45 - 4.15, so please select different Roundtables for each session)

**Round Table Discussions (1.00-2.30)** 1  2  3  4

**Round Table Discussions (2.45-4.15)** 1  2  3  4

When making your booking, please inform us of any **dietary** or **access requirements** that you may have.



'Working for Women, Working Against Violence'

**20th ANNIVERSARY**

Short listed for the Mental Health Innovation Award category of the HSJ Awards 2006

## Newham Asian Womens Project

# Everybody Hurts

**Wednesday 14th March 2007  
The Barbican, London 9.00am-4.30pm**

City and Hackney   
Teaching Primary Care Trust

Newham   
Primary Care Trust

*Diana*  
THE WORK CONTINUES

Cametot  
Foundation

This project has been funded by  
The Neighbourhood  
Renewal Fund

NEWHAM  
ASIAN  
WOMEN'S  
PROJECT

## Newham Asian Women's Project

### launch event 'Everybody Hurts'

A number of key agencies and individuals (including young people themselves) will facilitate a **series of round table discussions** focusing specifically on some of the key issues relating to self-harm (including policies and procedures; legal responsibilities and concerns; harm minimization, information and resources and models of good practice)

We are also proud to be **launching two new resources:**

**Painful Secrets:** A qualitative study into the reasons why young women self-harm – A report summarizing the key findings of our year long study on self-harm with young women aged 11-25 from across five London boroughs.

**A Training DVD on Young People and Self-harm** – Written, produced, filmed, directed and acted in by young people in collaboration with The Mouth That Roars. This unique DVD is the result of extensive consultations in England, Scotland and Wales with young people and professionals on the issue of self-harm.

#### Aims for the day...

- To launch two new resources on self-harm and young people
- To hear from young people/service users about their experiences of self-harm
- To generate dialogue and debate on some of the current issues surrounding self-harm in the UK
- To provide examples of models of good practice
- To identify useful resources and information
- To provide participants with a range of strategies and tools designed at increasing their knowledge and understanding of self-harm amongst young people
- To promote networking and information sharing

#### Who should attend...

- Anyone with an interest in young people and self-harm
- Service Users/ Survivors / Young People
- Carers
- Voluntary and Statutory agencies and service providers
- Schools
- Youth Workers
- NHS and independent mental health professionals
- GPs and psychiatric nurses
- Strategic health bodies including the Department of Health and the National Institute of Clinical Excellence
- Professional organisations such as the Royal College of Psychiatrists, Royal College of Nursing, Royal College of General Practitioners
- Policy makers, academics and other specialists in young people and self-harm/ mental health

## AGENDA FOR THE DAY

8.45-9.30 **Registration**

**Key Note Speaker: Professor Lord Kamlesh Patel of Bradford OBE (Head of the Centre for Ethnicity and Health)**

9.30-9.40 Welcome and Introductions by the **Chair Dr Aisha Gill Roehampton University**

9.40-10.00 **Launch Painful Secrets:**

A qualitative study into the reasons why young women and Self-harm by **Kamna Muralidharan Researcher Newham Asian Women's Project**

10.00-10.20 **Truth Hurts: The National Inquiry into Self-harm and Young People Catherine McLoughlin CBE Chair of the National Inquiry into Self-Harm among Young People**

10.20-10.30 Service user

10.30-10.45 Questions and Comments

10.45-11.00 **Break**

11.00-11.10 Service user

11.10-11.40 **Launch Self-harm DVD**

11.40-12.00 Questions and Comments

12.00-1.00 **Lunch**

1.00-2.30 **Round Table Discussions**

1. **Round Table 1** will focus on self-harm in relation to policies and procedures and legal responsibilities and concerns

**Facilitators: Lucy Palmer (Royal College of Psychiatrists), Melinda Gray (Bristol Crisis Service for Women), Marion Davidson (Newham Local Safeguarding Partnership Board)**

2. **Round Table 2** will focus on self-harm in relation to the media; information and resources and awareness raising

**Facilitators: Directors (LifeSIGNS), Rowan Myron & Christina Vasiliou (Mental Health Foundation)**

3. **Round Table 3** will focus on self-harm in relation to alternative therapies, harm minimization and models of good practice

**Facilitators: Louise Pembroke & Sara Stanton (Together Service User Directorate), Jane Bunclark & Dianne Russell (Crisis Recovery Unit, South London and Maudsley Foundation NHS Trust)**

4. **Round Table 4** will be facilitated by young people who have had experiences of self-harm. The round table will be aimed at generating dialogue and debate on key issues and themes identified by young people around self-harm

**Facilitators: Young People supported by Newham Asian Women's Project and Amanda Morrison (Off Centre)**

2.30 – 2.45 **Break**

2.45 – 4.15 **Round Table Discussions (repeated)**

4.15 – 4.30 **Close**