



One Place East

Where disability matters

98-100 Ilford Lane, Ilford, Essex, IG1 2LD
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Job description

Job title:	Peer Educator – Next Steps (Mental Health)
Responsible To:	Project Coordinator
Salary:	£3120 per annum (£12 per hour)
Hours of Work:	5 hours per week Occasional unsocial hours working may be necessary. No payment will be made for any overtime worked. Time off in lieu will be taken instead in agreement with line manager.
Terms & Conditions:	6 Month Probationary period 5 weeks holiday per annum (pro rata) Auto enrolment pension scheme if eligible

NEXTSTEPS is a project that specialises in working with Children and Young People. We train and employ young people as Peer Educators, to deliver structured workshops on the realities and implications of having a mental illness, to primary and secondary school aged pupils, as well as pupils in colleges and universities.

We deliver sessions on health and wellbeing, anxiety, self-harm, eating disorders and depression.

The project is designed to support the education and employment prospects of young people by providing them with paid work, transferable skills and tailored on-going support.



As a Peer Educator you will be trained to go into youth settings to talk about your experiences of being a young person who has experienced or are living with mental illness or distress. This is a flexible role allowing you to take on available course delivery opportunities when it is suitable to you and your personal circumstances.

Main Duties and Responsibilities

- To engage with young people in further or higher education, and primary and secondary school aged people.
- To empower young people to talk about the stigma and discrimination that surrounds children and people who experience mental illness. Workshops also focus on looking into better self-management and coping strategies for health and wellbeing particularly in times of distress.
- To be aware of issues affecting young people – specifically around mental health, drugs, alcohol, domestic abuse and bullying.
- To deliver workshops in a variety of youth settings to a high standard.
- To attend team meetings, training, group supervision, and 1-2-1 meetings.
- To communicate with other staff and members of the project team appropriately and promptly.
- To establish and maintain good working relationships with the schools, colleges and universities that work with the project.
- To undertake training with other members of staff from other projects where appropriate.
- To work within One Place East's policies and procedures.